



SUFFOLK
Community
Foundation

2012/13 REVIEW



Suffolk Community Foundation is your county hub for philanthropy - inspiring and supporting thoughtful giving that strengthens communities and enriches local lives. We help you achieve efficient, effective and importantly, enjoyable charitable giving to causes close to your heart.

One of 54 Community Foundations across the UK, Suffolk Community Foundation is committed to bringing about real and meaningful change in local communities. By working with our donors, we support local charities and community groups who are tackling disadvantage and addressing real needs in the heart of Suffolk.

By working in partnership with individuals and families, companies, local and national charities and public organisations who share our determination to improve the quality of life for everyone in Suffolk, we invest in the social capital of our county – awarding grants where the needs are greatest.

We welcome gifts of all sizes. As well as the named funds we manage on behalf of our donors, gifts can be made to support a specific theme or to the Suffolk Fund. Through the Suffolk Fund, we award vital grants to local groups – many of whom are

volunteer led and have no professional fundraisers, marketing budget or public profile. The Suffolk Fund relies entirely on the generosity of Suffolk people who care about local communities.

Our vision is to see thriving communities throughout Suffolk supported by community philanthropy and an effective local voluntary sector.

Our purpose is to inspire local giving to enable well-targeted and informed social investment that supports those in need across Suffolk.

Our values are to be

- Compassionate and fair in our purpose
- Trustworthy and professional in our funding relationships
- Open and clear in our communications
- Independent and honest in all we do



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CHAIRMAN AND CHIEF EXECUTIVE'S REPORT

Welcome to our 2012/13 Annual Review which we hope you will enjoy reading and understand why we remain as passionate as ever in our efforts to meet the county's needs.

Recently, a local community leader commented that they were thrilled to witness Suffolk Community Foundation's development over its short life, proud to be an early advocate and delighted to see it operate "as a power for good across the County."

Hearing those warm words is naturally uplifting, but behind the sentiment we know that because we are championing and supporting local charities, those comments are directed at them too – the many special organisations that are delivering extraordinary services right across the County. It is also heartening that our funders and supporters feel ownership of the Foundation and take pride in the difference that we are all trying to make, for together we are stronger and far more effective.

By working together we have continued to increase support for Suffolk charities and community organisations year on year. Our combined grant-making has grown since 2005 to nearly £8 million with £1.63 million being awarded over the past year alone.

But as the national headlines report daily, the UK's challenges remain.

“ In some areas of Suffolk, we have measured a three-fold increase in emergency food parcel distribution since April 2013, whilst our Surviving Winter Campaign attracted a magnificent public response allowing us to help almost 800 vulnerable households with crisis winter fuel payments.”

Our work with national charities continues to develop as we evidence local need, resulting in a much needed new funding stream for Suffolk. We are particularly pleased to announce that we will be working in partnership with the Esmée Fairbairn Foundation who joins the Henry Smith Charity and Comic Relief with committed grant programmes targeted at Suffolk and distributed through the Foundation.

If you add into the equation our work with Suffolk's public sector, a picture increasingly appears of private, public and

voluntary sectors all coming together to tackle our most demanding social issues.

One of our major ambitions is to build an endowment fund that provides income for grant-making for future generations. Currently the combined endowment managed on behalf of our fund holders is approaching £4 million. For those who are considering setting up or adding to an established endowment fund, match funding still exists through the Community First and Transforming Suffolk Endowment Challenges which allows the Foundation to match gifts with a 50% financial uplift. Details of these programmes can be found on page 26.

This year we saw the retirement of Fiona Mahony, Peter Bye and David Sheepshanks from our Board of Trustees. David has passionately steered the Foundation so effectively as chair during these formative years and we are so proud that his contribution to Suffolk charity was recognised with a CBE in the last New Year's Honours List. We are equally delighted that we will still be working closely together as he takes over the national role as chair of UK Community Foundations.

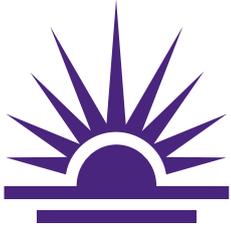
On behalf of the Board and executive, we would like to thank all our retiring trustees for their immense contribution to the Foundation and for their ongoing support as they continue to work with us in other ways. Equally, we extend a warm welcome to our new trustees, Iain Jamie, Caroline Ludlow, Peter Newnham, Frances Ward and Terry Ward whom we look forward to working closely with during the years to come.

We would also like to thank Simon Ash, who retired as Suffolk Constabulary's Chief Constable during the year. As one of our patrons, Simon's support has left a significant legacy for the Foundation. We warmly welcome Douglas Paxton, Suffolk's new Chief Constable as a patron and indeed thank all our patrons for their continued advocacy.

Finally, we must thank all our volunteers who help us across a wide range of activity as well as our wonderful staff whose total commitment and professionalism underpins all that we do.

James Buckle
Chairman

Stephen Singleton
Chief Executive



YEAR IN REVIEW

Our work spans every corner of Suffolk.

490 charitable organisations received grants totalling **£1.6 million**. **£60,000** raised at Suffolk Dog Day. **£80,000** raised by the public for Surviving Winter Appeal. **160** volunteers helping the Foundation. **23** funding fairs attended. **14** new funds. **One** new Giving Circle launched. **10** new Suffolk 100 members. **£500,000** partnership with Esmée Fairbairn Foundation. **£3.6 million** invested for sustainable grant-making.





GRANTS

Anonymous Fund

Bridge Project Sudbury

£2,727

A donation towards general running costs.

Newmarket Open Door

£2,727

A donation towards the running costs of the SOS Bus.

REACH Community Projects

£1,818

A donation to support the work of the furniture bank.

Volunteer Centre Haverhill (now Community Action Suffolk)

£1,818

A contribution towards their work in Haverhill.

AXA Insurance Fund

Age UK Suffolk

£1,000

To develop the Befriending Scheme in the Ipswich area by creating new volunteer team leaders.

Headway Ipswich and East Suffolk

£1,000

Towards the coordinator's salary for the Brainy Dogs project.

Ipswich and District Deaf Children's Society

£420

To provide activities for 11-18 year olds with hearing impairments.

Ipswich Disabled Advice Bureau

£1,000

Contribution towards providing a Home Visiting Service for people with disabilities who are unable to get to the town centre office.

Ipswich Mencap

£1,790

Towards the purchase of a new van.

REACH Community Projects

£1,000

Towards running costs for the Foodbank's van.

Suffolk Young People's Health Project

£1,000

Towards additional counselling sessions for young people.

Town Pastors Ipswich

£1,000

To cover the hire costs of radios.

Volunteer Centre Haverhill (now Community Action Suffolk)

£1,500

Towards volunteers supporting older residents in Haverhill with jobs such as shopping, moving furniture, visiting and gardening.

Disability Advice Service (East Suffolk)

£1,000

Contribution towards the annual salary of a Senior Welfare Rights Adviser.

Birketts Fund

Got to Read

£2,000

Towards core running costs for this financial year.

Porch Project

£1,630

Contribution towards the annual salary of their qualified youth worker.

REACH Community Projects

£1,630

A grant towards the running costs of the REACH Resource Centre.

Suffolk Young People's Health Project

£2,000

To provide 80 counselling sessions to a minimum of 13 young people with emotional or mental health needs.



Eden-Rose Coppice Trust

Bluebell Fund

Access Community Trust

£1,982

Towards the delivery of a 14 week Community Regeneration Project working with 10 young people not in education, employment or training.

Anglia Care Trust

£1,910

Towards four mentoring relationships in Waveney for young people who are in need of support to reduce anti-social behaviour.

Eden's Project

£2,000

A grant towards youth worker costs for running the club in Great Cornard.

Porch Project

£2,000

Towards a trained professional to assist with homework, learning and job searching for those with special needs, behavioural difficulties and other young people.

Suffolk Young People's Health Project

£2,000

To support intensive specialised work with young people with complex needs and chaotic lives.

Young People Taking Action

£2,000

Towards youth worker salaries for open access sessions for young people in Leiston.

Bunting Family Fund

St Elizabeth Hospice

£2,000

A family donation towards nursing care for the inpatient unit.

Call Connection Fund

Fresh Start - New Beginnings

£5,000

A donation towards their work with young victims of sexual abuse.

Home-Start Suffolk Coastal

£7,000

A donation towards establishing a weekly Family Support Group in the Gainsborough area in Ipswich.

Lighthouse Women's Aid

£7,000

A donation towards establishing a music therapy project at their Wellbeing Centre in Ipswich for women and young people.

Suffolk Young People's Health Project

£7,000

A donation towards counselling sessions for young people.

Catalyst Fund

Ipswich and District Citizens

Advice Bureau

£2,000

Contribution towards running their money management programme during this forthcoming year.

Ipswich Housing Action Group (IHAG)

£2,000

Towards the new 'Inspire' project to help hostel dwellers to engage with positive activities and move forward with their lives.



REACH Community Projects

Porch Project

£9,375

A donation towards the salary of a Fundraising and Coordination Officer.

REACH Community Projects

£2,000

Towards the running costs of the furniture bank for the year.

Sudbury Market Town Partnership

£2,000

Funding for equipment and Project Manager's costs for developing the foodbank in Sudbury.

CORPORATE PHILANTHROPY

BEST OF SUFFOLK



Keen to put something back into their local community, holiday cottage company owners Naomi and Alex Tarry of Best of Suffolk have chosen to join forces with Suffolk Community Foundation to help deliver their corporate giving programme.

Local corporate giving enables companies of all sizes to become actively involved in the communities in which their staff, customers and suppliers live, work and play. Passionate about their home county, the Best of Suffolk team identified that they wanted to create a charitable fund that had real local impact and that their employees and customers could feel proud of.

To mark the launch of the Best of Suffolk Charity Fund, an Easter egg hunt took place in Aldeburgh last April. Despite the day being very cold and blustery, the launch event was a success and raised

£500 for the fund. Over the next year Best of Suffolk are aiming to raise £10,000 which will be distributed to local charities and voluntary organisations located close to the holiday cottages.

Rather than creating their own charitable foundation, Best of Suffolk chose to give through Suffolk Community Foundation for many reasons, including grant-making expertise, community knowledge and quality services. For Best of Suffolk, the Foundation provided the convenience and flexibility they needed in a charitable vehicle.

As Naomi explains, "We wanted to put something back into our community - we love Suffolk, we believe in its future and we want to be a part of making it better. Working with Suffolk Community Foundation is a great fit because both organisations are committed to supporting the local voluntary sector and to making a difference to the lives of people with hidden needs in our local communities. The staff at the Foundation have expert knowledge and understanding of local needs and

Judi Newman and Naomi Tarry



priorities, and we can relax knowing that all administration of applications, grant awards and monitoring are dealt with by the Foundation."

As well as holding one-off events, Best of Suffolk will also give their customers the option of donating £1 on their holiday booking form, which will be matched by the company. Not only is the company supporting people who live in their local community but they are also raising awareness amongst their customers of community foundations and their role in building thriving communities throughout the UK.



Ipswich Sports Club for the Disabled

Comic Relief Fund

Access Community Trust

£2,649

To employ a Project Coordinator to develop and deliver a catering social enterprise.

Bangladeshi Support Centre

£7,000

A project to engage and integrate BME women into the local community through outreach work and sport.

East Suffolk Association for the Blind (Felixstowe Committee)

£2,000

Contribution towards the running costs of the Blind Shooters Club.

Home-Start South Suffolk & District

£10,000

Towards the 'Readiness in Schools' project to prepare pre-school children for primary school.

Ipswich Sports Club for the Disabled

£1,424

Funding to cover hall hire costs for the project.

Suffolk Chinese Family Welfare Association

£1,225

Towards Tai Chi classes to encourage older people to take part in exercise.

Swimming Self-Help Group Ipswich

£1,000

Contribution towards the cost of pool hire.



Access Community Trust

Confidential Fund

Disability Advice Service (East Suffolk)

£2,000

Funding for salary and volunteer costs to continue the service.

Fresh Start - New Beginnings

£2,000

To support five children or young people from the Suffolk Coastal area who have been sexually abused.

Just 42

£2,000

Towards running costs of Woodbridge Youth Club.

Signpost Gunton

£2,000

Towards warehouse costs for the East Suffolk Foodbank.

Creating the Greenest County Fund

13th Ipswich Sea Scout Group

£7,000

Towards the replacement of the hall roof in order to improve energy efficiency, attract more users to hire the building and increase self-sustainability.

Boxford Parish Council

£22,000

A grant for a carbon reducing street lighting project.

Butley Village Hall

£8,349

To upgrade the village hall's insulation, lighting, windows, heating and kitchen facilities.

New Cut Arts

£19,400

Funding towards the installation of energy efficient LED lighting at the centre to reduce costs.

Trimley Welcome Village Hall Management Committee

£1,851

To purchase a replacement heating system for the village hall to increase the heating's efficiency.

Cunliffe Family Fund

Brandeston Parochial Church Council

£900

A Family donation to the Fabric Fund.

Focus12

£900

Towards charitable rehabilitation provision for those with addiction issues that could not otherwise afford the abstinence programme.

Ipswich Head & Neck Cancer Support Group

£600

A donation towards the general running costs of the group.

Pakefield CoastWatch

£600

Towards repairs which are urgently needed to maintain the look-out.



The Yard Project



Ipswich Town Pastors

Peer Support Group

£600

To continue their supportive activities and companionship for those recovering from mental health issues in Lowestoft.

Pro Corda Trust

£150

Continued support for their work in providing education for young people and others in the art, philosophy and theory of music, particularly chamber music.

Suffolk Hearing Support Service

£900

To continue the provision of support groups for the hard of hearing.

The League of Friends of Aldeburgh Hospital

£100

A Family donation in support of the Friends.

de La Rue Family Fund

Suffolk Artlink

£1,000

Towards two Clown Round visits to Ipswich Hospital and three on call visits at the EACH's Treehouse.

Healthy Ambitions Fund

Access Community Trust

£4,917

Funding to cover salary costs of a Parenting Group Keyworker to deliver healthy eating workshops for young mothers.

Bows & Arrows

£4,910

To run a series of sessions to improve the health of children and families.

Home-Start Mid Suffolk

£1,577

To implement a 'families cooking together' element into a six-week cooking programme in Worlingworth.

Mid Suffolk Voluntary Organisations Forum

£4,730

Towards a healthy eating project for families in Stowmarket working with Home-Start Mid Suffolk.

The Yard Project

£5,000

A grant towards healthy living sessions for children, working with schools and children's centres.

Henry Smith Charity

Age UK Suffolk

£40,000

Continuation funding for three Help Centres providing free information and advice to older people in Ipswich, Bury St Edmunds and Lowestoft.

Anglia Care Trust

£40,200

Continuation funding towards the Money Advice Service for vulnerable people.

Bridge Project Sudbury

£31,000

Towards an Operations Manager's salary.



The Bridge Project

Headway Ipswich and East Suffolk

£10,000

Towards running costs of the Brainy Dogs Project to support people with acquired neurological conditions in Suffolk.

Iceni Ipswich

£80,000

To provide support to families struggling with an addiction.

Ipswich Housing Action Group (IHAG)

£35,000

Continuation funding of a Money Advice Services Manager.

Level Two Youth Project

£31,000

Continuation of funding of a Youth Work Manager in Felixstowe.

Suffolk Family Carers

£37,828

Towards support services for young carers.

Suffolk Mind

£30,000

Funding towards two years' running costs of a project supporting people with a personality disorder.

Suffolk Refugee Support

£21,050

Towards a range of services supporting refugees and asylum seekers in Suffolk.

The Befriending Scheme

£15,000

A three year grant towards the salary of a Team & Projects Manager to develop the befriending services for adults with learning disabilities.

Papworth Trust (formerly known as Workwise (Suffolk) Ltd)

£19,800

For salary costs of a shop manager supporting people suffering from mental health problems.



Bangladeshi Support Centre

Hewlett Fund

FIND (Families in Need) Ltd

£2,000

Towards the purchase of beds and mattresses for children.

Got to Read

£2,000

Towards the core running costs to support adults in developing literacy skills.

Headway Ipswich and East Suffolk

£1,000

Towards the coordinator's salary for the Brainy Dogs Project.

High Sheriff's Awards

East Anglian Sailing Trust

£1,000

Winner of the High Sheriff's 2012 Games Legacy Award.

Emily Grubb (Kernos Centre)

£250

Winner of the 2013 High Sheriff's Young Volunteer of the Year Award.

Lighthouse Women's Aid

£1,000

Winner of the 2013 High Sheriff's Organisation of the Year Award.

Maureen Reynel (FIND)

£500

Winner of the 2013 High Sheriff's Volunteer of the Year Award.

High Sheriff's Fund

Abbot's Hall CP School

£500

Funding to continue and enhance a joint school and community led project to address safety and parking issues around the school entrance.

Beck Row Primary School

£560

Towards a theatre workshop for Year 5 and 6 pupils to improve social behaviour and responsibility.

Compassion

£1,000

Contribution towards creating 4-5 short films to address teenage relationship abuse.

Credit Action

£2,300

Towards Credit Action's DebtCred financial education programme working with Ipswich Building Society staff.

Eastgate Amateur Boxing Club

£1,248

To purchase equipment to replace worn out and well used boxing kits.

Framlingham Area Youth Action Partnership

£800

A contribution towards youth worker costs for running an additional drop-in session each Monday.

ITFC Charitable Trust

£1,100

To deliver six drug and knife crime workshops to young people.

Just 42

£1,100

Towards running costs of Woodbridge Youth Club.

Porch Project

£1,100

Contribution towards the running costs of providing a youth provision for young people in Hadleigh and the surrounding area.

Town Pastors Ipswich

£1,100

Towards the annual cost of equipment and their Townsafe radio hire.

Woolpit Primary School

£100

A grant towards a writing project to encourage greater understanding across different cultures.

Young People Taking Action

£800

To run Road Safety and Substance Misuse workshops during their Easter holiday programme.

Hopkins Homes Fund

Access Community Trust

£937

Contribution towards the salary costs of a Project Coordinator to develop and deliver a catering social enterprise.

Catch 22

£2,000

Towards providing a Sports Leadership Programme for young people who are not in education, employment or training in Ipswich and Lowestoft.

Colville House Management Company Limited

£2,000

Contribution towards youth worker costs to run a youth group for the forthcoming year.

Ipswich Winter Night Shelter

£3,000

Contribution towards the operational costs of the winter night shelter in 2013.

Waveney Domestic Violence & Abuse Forum

£3,000

Towards core running costs for this financial year.

Hubble Bubble Fund

Town Pastors Lowestoft

£1,000

Contribution towards the salary costs of their coordinator.

Hughes-Hallett Fund

Suffolk Young People's Health Project

£2,000

To provide counselling sessions to young people with emotional or mental health needs.

All Saints Youth Club

£2,000

Funding for two trained youth workers from Just42 to lead the youth club each week.

Colville House Management Company Limited

£2,000

Contribution towards youth worker costs to run a youth club for the forthcoming year.

Ipswich and District Citizens Advice Bureau

£2,000

Towards the training required for their staff and volunteers.

Ipswich Disabled Advice Bureau

£2,000

Contribution to provide a Home Visiting Service for people with disabilities who are unable to get to the town centre office.

Lighthouse Women's Aid

£2,000

Funding towards the 'Summer Play Scheme' for children who are staying at refuges over the summer holidays.

Rose and Sweet William Club

£700

Towards the core running costs of a social club for older people in the community.

Rural Coffee Caravan Information Project

£2,000

Towards the costs of visits to six rural villages in the south-eastern area of Suffolk Coastal district.



REACH Community Projects



FROM HILL TO HIGH WATER SUFFOLK LOWLAND SEARCH AND RESCUE

Where the mountains stop, the Suffolk Lowland Search and Rescue (SULSAR) starts. This volunteer led responsive community service works alongside Suffolk Constabulary in searching for vulnerable missing people. The callouts are for the highest risk missing people who if left or not found in a timely manner are likely to come to harm or take their own life. The team are on call 24 hours a day, 365 days a year.

In 2012, SULSA received a grant of just over £1,000 from the Suffolk Fund towards the purchase of two search mountain bikes and essential kit for their volunteer riders. This has enabled the organisation to improve their response time which is vital when they are searching for vulnerable missing people. Andy King, Search Planner for SULSAR explained, "The bikes are invaluable to us; we are now able to cover a larger area much more

quickly, giving us a greater chance of finding the missing person unharmed and alive. The beauty with using bikes is speed. With cases such as searching for Alzheimer sufferers or lost children, speed is crucial."

Search duration can vary considerably, ranging from a couple of hours to several days therefore having a pool of volunteers to call on at any given time is essential. Each volunteer, known as a member, can give what time they can on a rotating basis, allowing a search to continue as long as necessary. "We have approximately 40 active members on the call out list, ranging from lorry drivers and warehouse personnel to accountants and paramedics. The training we provide ensures that all members are all highly proficient in map reading and have excellent leadership skills" explained Andy King.

Suffolk Cruse Bereavement Care

£2,000

Towards salary costs of their part time administrator.

The Befriending Scheme

£2,000

Towards providing weekly football sessions for adults with learning disabilities and mental health issues.

Improve & Prove Award Fund

B&B Theatre Company

£5,000

An award for engaging young people with a variety of needs in performing arts.

Beccles Sea Cadets

£2,500

An award for arranging major events in Beccles to significantly increase the group's fundraising.

East Anglian Sailing Trust

£5,000

An award for the 'Exploring the River Orwell and Wildlife Sites' project which engaged with 246 schoolchildren in Suffolk and involved 2,310 volunteer hours.

Friends of Ashley Homes - Langley Close

£5,000

An award for their engagement with young people not in education, employment or training (NEETs) which resulted in some going to Otley College.

Ipswich Mencap

£10,000

An award for their outstanding fundraising efforts which resulted in a sensory room and garden area being created for people with mental health problems.

Ipswich Winter Night Shelter

£10,000

An award for their outstanding co-ordination in providing 1,035 meals and 300 volunteers resulting in 12 rough sleepers having overnight accommodation for two months.

Rural Coffee Caravan Information Project

£2,500

An award for their achievements with the Golden Age Fairs throughout rural Suffolk.

Stowmarket Scout Centre Project

£5,000

To reward the admirable volunteering efforts on the rebuild of the scout hut.

Thornham Magna Community Open Spaces

£5,000

An award for outstanding volunteer commitment to the creation of the community play space.

Wickham Market & District Family Carers Support Group

£10,000

An award for outstanding commitment and provision of services for carers.

Improve & Prove Fund

Bury St Edmunds Ecumenical Centre Trust (BECT)

£3,000

To create an indoor corridor and outdoor canopy.

Castle Community Radio CIC

£3,500

Grant funding towards overhead costs of the radio station

Fresh Start - New Beginnings

£3,418

Towards training costs for the project.

Lofty Heights Ltd

£3,000

A contribution towards the purchase of a Crew Cab Vehicle.

Artheads



Music in Our Bones

£3,000

Towards training for people to learn how to lead singing groups and to record 'Celebration in Song'.

Newmarket Hockey Club

£4,627

Towards training courses including the 'Proud to Coach' scheme.

Orchard Barn Environmental Education CIC

£4,735

To complete the restoration of the barn to include a Rural Skills Centre.

Rural Coffee Caravan Information Project

£5,000

A grant towards training, time and support for their Manager to develop a long-term business strategy.

Somersham & District Community Shop CIC

£4,720

To purchase a freezer and vegetable cooler for the shop.

Southgate Community Partnership

£5,000

To improve the kitchen and toilet areas to increase the ability to rent out facilities.

Lovewell Blake Fund

DIAL - Lowestoft and Waveney

£1,500

Towards volunteer training and travel expenses to support disability advice line.

Signpost Gunton

£2,000

A contribution towards the warehouse costs for the East Suffolk Foodbank.

TOPCATS

£1,000

Towards three activity days in February for young people with complex additional needs and disabilities.

Town Pastors Lowestoft

£2,000

Funding for running costs of the project for the coming year.

May Gurney Foundation Fund

Suffolk Young People's Health Project

£5,000

A programme to provide training and volunteering opportunities to get young people in to employment, training or long-term volunteering.

Young People Taking Action

£5,000

To extend the employability programme for young people who are NEET.

Michael Ben Howes Fund

Just 42

£2,000

Towards the running costs of the Make and Move It Art Club for young people with learning disabilities and complex needs.

Suffolk Young People's Health Project

£1,500

To provide an arts activity programme for young people over the summer holidays.

Port Community Fund

2nd Ipswich (St. Bartholomews) Scout Group

£1,901

To purchase more up-to-date camping equipment to benefit all sections of the Scout Group.

Age UK Suffolk

£1,800

Towards developing the Befriending Scheme in the Ipswich area by creating new volunteer team leaders.

Anglia Care Trust

£9,545

Funding to provide 20 mentoring relationships in Felixstowe and Ipswich for young people in need of support.

Autism Suffolk

£1,000

Towards running costs for a support group in North-East Ipswich.

Boost Felixstowe

£1,000

Contribution towards establishing and running a new youth provision in Langer Road, Felixstowe.

East Suffolk Association for the Blind (Felixstowe Committee)

£2,000

To purchase daily living aids for people who are visually impaired in Felixstowe and the surrounding area.

Felixstowe Area Stroke Support

£1,000

Towards running costs for the project.

Felixstowe Opportunity Group

£2,000

Towards the annual running costs of the play and support groups for children with special needs.

Felixstowe Town Pastors

£1,000

For radio hire, annual insurance, first-aid training and salary costs for this forthcoming year.



Bangladeshi Support Centre

FIND (Families in Need) Ltd

£2,000

Towards the purchase of beds and mattresses for children.

Headway Ipswich and East Suffolk

£2,000

Towards providing support for people with a neurological condition in Felixstowe.

Home-Start Suffolk Coastal

£1,000

A grant towards the running costs of their weekly Felixstowe Family Group.

Ipswich Community Playbus

£2,000

Contribution towards Playbus visits in Ipswich.

Ipswich Housing Action Group (IHAG)

£2,000

Towards the costs of helping hostel dwellers to engage in positive activities and move forward with their lives.

Ipswich Opportunity Group

£2,000

Contribution towards running costs for this forthcoming year.

JustDifferent

£2,000

To provide 15 disability workshops at schools in Ipswich and Felixstowe.

Music in Our Bones

£1,900

To develop the pilot singing project at Margery Girling House in Felixstowe to benefit residents and the local community.

Princes Trust (Suffolk)

£2,000

To deliver five Development Awards for young people in the Ipswich and Felixstowe area.

Suffolk Accident Rescue Service

£1,000

Towards the annual running costs of providing this emergency service in the Ipswich and Felixstowe area during this forthcoming year.

SURVIVING WINTER APPEAL



Rising energy costs are putting enormous pressure on households, particularly for older and vulnerable people with health problems or tighter budgets. With finances stretched, the outcome for many is a colder home. This is especially worrying in the context of increasing evidence that shows the negative impact of a cold home on people's health and well-being.

From the success of the 2011 Surviving Winter Appeal, we know that

there are many people in Suffolk who are more than happy to recycle their Winter Fuel Payment to those they feel really need it, therefore Suffolk Community Foundation ran the appeal again in 2012. Thanks to the tremendous generosity of the public, a total of £80,000 was raised in Suffolk, helping over 350 older households cope better during the colder months.

The money raised through the public appeal in the East Anglian Daily Times was distributed in partnership with Age UK Suffolk. Helen Taylor, Information Service Manager from Age UK Suffolk commented, "The grants have been used in a variety of ways – including assistance with gas and electricity costs and to purchase coal, heating oil and extra heating appliances. We have also made contributions direct to customers' electricity and gas accounts, which has hopefully provided reassurance to the customers involved that they can put their heating on when they need to during this winter."

The appeal received continued support from our Patron, Lord Bishop of St Edmundsbury and Ipswich, the Rt Rev Nigel Stock: "When I became involved in the Surviving Winter Appeal in Suffolk in

2011, I was struck by the simplicity of the message – there are many older people who find the winter a daily struggle, and yet there are others who are receiving a benefit that they can afford to forego. As an individual, it is difficult to find an appropriate mechanism to direct your winter fuel payment to someone in need so the Surviving Winter Appeal provides a clear way to make that happen. The feedback from recipients in 2011 was both humbling and clear proof that the extra support is deeply needed and appreciated."

In 2012, the appeal was promoted by Ipswich Building Society, the East of England Co-operative Society and the private support of local trusts. Additional support was also unlocked from the Warm Homes, Healthy People initiative which enabled extra support to be distributed to vulnerable people of any age through Citizens Advice Bureaux and other partners.

We couldn't have achieved what we have without the support of local people so a huge thank you to everyone who contributed to our appeal.

Suffolk Cruse Bereavement Care

£2,000

Towards volunteer expenses and helpline phone costs for the Ipswich and Felixstowe branches.

Suffolk Young People's Health Project

£1,990

To provide counselling sessions to 19 young people with emotional and mental health needs.

The Salvation Army

£1,580

To install CCTV inside Lyndon House, a resettlement centre for the homeless in Ipswich.

Trinity Day Care Centre

£2,000

Contribution towards their running costs for this financial year and some new equipment.

Garfield Weston Fund

FIND (Families in Need) Ltd

£5,000

A donation towards the purchase of a large freezer for food storage and also for the purchase of non-perishable food.

Gatehouse Caring in West Suffolk

£5,000

A donation towards core costs for the foodbank.

REACH Community Projects

£5,000

A donation towards core costs for the foodbank.

REACH Community Projects

£6,000

Towards providing winter fuel grants to disadvantaged individuals and families at risk from the effects of the cold and poor living conditions.

Signpost Gunton

£5,000

A donation towards developing the foodbank as it extends to East Suffolk.

Rosa Fund

Access Community Trust

£984

To employ a Parenting Group Keyworker to provide a parenting programme to young mums who they are housing.

Level Two Youth Project

£1,000

Towards a pilot project working with young mothers and those with high risk behaviours.

Lighthouse Women's Aid

£200

A donation to support their work.

Suffolk Young People's Health Project

£1,000

Towards running costs for the Groovy Girls Club.

Sabariah's Fund

Signpost Gunton

£2,000

Towards warehouse costs for the East Suffolk foodbank.

YMCA Suffolk

£1,600

To provide a two night residential for young people who attend the Shine Youth Project in Lowestoft.

Safer Suffolk Foundation

Anglia Care Trust

£1,910

Towards providing four mentoring relationships in Waveney for young people who are in need of support.

Anglia Community Leisure

£1,950

Towards the provision of a programme of street sport sessions in Red Lodge in order to reduce anti-social behaviour.

Catch 22

£1,890

To provide open access street sports sessions for young people from Whitton and Gainsborough estates in Ipswich.

Community Action Suffolk

£500

To provide community engagement work on the Whitton Estate in Lowestoft.

Headway Ipswich and East Suffolk

£2,000

Towards the Brainy Dogs Project, taking rescue dogs to be trained by prisoners from Hollesley Bay to be companion dogs for people with an acquired neurological condition.

Level Two Youth Project

£2,000

Contribution towards providing open access evening sessions for young people aged 16-25.

Princes Trust (Suffolk)

£2,000

Towards delivering a Team Personal Development Programme in partnership with Otley College for disadvantaged young people.

Signpost Gunton

£1,200

To purchase new equipment for the DreamworX youth drop-in sessions.



Lighthouse Women's Aid

HIGH SHERIFF'S FUND

Each April a new High Sheriff is appointed for Suffolk, and for 2012/13, the High Sheriff for Suffolk was Andrew Norman-Butler. Supporting the Crown and the judiciary is a central element of the role, but increasingly High Sheriffs play an active part in promoting and thanking the voluntary sector within their communities.

Suffolk Community Foundation manages the High Sheriff's Fund which supports local projects that improve community safety, reduce crime and promote good citizenship. In order to boost the Fund, Andrew and his wife Karin organised a highly successful luncheon in October 2012 for just over 300 people at the Royal Hospital School in Holbrook. One of the top auction lots was a hand built boat, made by trainees at the charity Workwise* and won by Bury St Edmunds businessman Jack Gomarsall. He was joined by his rugby star son Andrew when he collected the boat from



the workshop, and he was so impressed by what Workwise* do that this led to a new enterprise partnership being set up between his company and Workwise.

Towards the end of his year in office, the High Sheriff was able to make a number of grants from the High Sheriff's

Fund and took the opportunity to thank and celebrate the voluntary sector by presenting his High Sheriff's Awards at a high profile awards ceremony held at University Campus Suffolk in March 2013.

**Workwise is now part of the Papworth Trust.*



The Bridge Project

Suffolk Neighbourhood Watch Association

£2,000

To purchase new neighbourhood watch signs.

Team Spirit

£1,400

To purchase 30 new performance uniforms for the Senior Squad.

Whitton Life

£2,000

Contribution towards the cost of Positive Futures running free open access football sessions on the Whitton Estate in Lowestoft.

Shadwell Fund

1st Red Lodge Scout Group

£900

Towards subscription costs and activities for children from low-income families.

Alzheimer's Society - Suffolk

£1,000

To provide a Dementia Support Worker to attend Gatehouse Caring's weekly Memory Cafe to provide information and support to carers.

Anglia Community Leisure

£990

For a programme of street sports sessions in Newmarket.

Avenues East

£1,000

Towards the 'Big Splash' programme of supported swimming sessions for people with disabilities in Newmarket, Mildenhall and Bury St Edmunds.

St Edmundsbury Newstalk Association

£1,000

Contribution towards their running costs to provide audio recordings to blind or partially sighted people.

Suffolk Accident Rescue Service

£1,000

To provide this emergency service in the St Edmundsbury and Forest Heath area.

The Befriending Scheme

£700

Towards developing a gardening project at their centre in Bury St Edmunds.



Ipswich Winter Night Shelter

Skinner's Fund

Headway Ipswich and East Suffolk

£1,000

Towards the coordinator's salary for the Brainy Dogs project.

Ipswich Disabled Advice Bureau

£1,000

Contribution towards providing a Home Visiting Service for people with disabilities who are unable to get to the town centre office.

Somebody's Daughter Memorial Fund

Talitha Koum

£15,000

Towards the construction of a therapeutic community building from which remedial work with women suffering the effects of substance abuse.

Suffolk Fund

The Suffolk Fund includes support from Ipswich Building Society, Marriott Motors Group, the Barclay Family Fund, the Mahony Family Fund, Darley Stud, the Lucstu Fund, the Chapman Family Fund and Suffolk Community First Fund.

1st Bures Scout Group

£1,500

To purchase equipment for a new Scout Hut extension.

2nd Carlton Colville Scout Group

£1,131

Towards replacing worn out and unsecure doors of the garage which stores the scouting equipment.

Abbecroft Leisure

£1,000

Contribution towards undertaking a Social Impact Report of the Explore Outdoor and Community Street Sports projects.

ActivLives

£1,000

Supporting the Walk Tall project.

Anglia Community Leisure

£1,986

To deliver a programme of street sports sessions in Brandon.

Artheads

£1,000

To provide a series of outdoor eco art and craft sessions to help support the mental health and well-being of their users.

Beyond the Wall

£1,500

To supply additional external tutoring to individuals with complex needs.

Bredfield Youth Club

£1,000

Supporting youth worker costs.

Bury St Edmunds Stroke Support Group

£1,500

Towards the set up costs and equipment for this newly formed support group.

Bury St Edmunds Women's Aid Centre

£1,654

Funding to refurbish three bedrooms at the refuge.

Bury Town Pastors

£2,000

Towards their coordinator's salary and administration costs.

Butley Village Hall

£993

Contribution towards the final cladding and insulation work needed to the village hall.

DIAL - Lowestoft and Waveney

£2,000

Contribution towards the Manager's salary.

Eden Rose Coppice Trust

£1,000

Towards removing four unsafe trees and replanting to maintain a sanctuary for people with life limiting conditions.

Eden's Project

£1,997

To cover youth workers costs for continuing the youth provision in Great Cornard and Glemsford for a further 12 weeks in each location.

Fihankra

£1,000

To deliver four programmes of travel training to young people with learning difficulties and disabilities to enable them to access college, employment and leisure activities independently.

Fornham All Saints Parish Council

£2,000

A contribution towards the equipment for a new skatepark in Fornham All Saints.

Framlingham Area Youth Action Partnership

£1,500

Towards youth worker salaries for their club on Friday evenings.

Fresh Start - New Beginnings

£2,000

Contribution towards supporting five children or young people from the West Suffolk area who have been sexually abused.

Happy Days Children's Charity

£1,000

To provide day trips for children and young people with additional needs in Lowestoft and Ipswich.

Harkstead Church Heritage

£1,398

Contribution towards the last items required to finalise their kitchen and toilet extension enabling the building to better utilised by the greater community.

Headway Ipswich and East Suffolk

£1,000

For salary costs to run a new weekly group for family carers and clients with an acquired neurological condition to attend together.

Home-Start Mid Suffolk

£1,600

Towards an additional preparation course for volunteers enabling them to reach more families.

Ipswich and District Citizens Advice Bureau

£2,000

Contribution towards running their money management programme during this forthcoming year.

Ipswich Sports Club for The Disabled

£1,360

Towards hall hire costs for the project.

Just 42

£1,500

Contribution towards youth worker salary costs for running their three rural youth clubs in Bredfield, Hasketon and Grundisburgh.

Kernos Centre

£2,000

To provide counselling sessions to those who otherwise could not afford it.

Kirkley & Pakefield Community Sports & Social Club

£2,000

Contribution towards a new full size 3G all weather sports pitch.

Mid Suffolk Holiday Opportunity Play Scheme (HOPS)

£2,000

Funding for transport costs to enable young people with disabilities to access their activity days.

Newmarket Citizen Advice Bureau

£1,960

Towards Money Management sessions to enable people to take control of their finances.

Number 72

£2,000

Towards running costs of the Lost & Found project to support bereaved young people.

Out & About

£1,000

To enable 10 children and young people with disabilities from West Suffolk to take part in their chosen leisure activity.

Phoenix Project

£1,500

Contribution towards general running costs of the Friday group.

Porch Project

£1,500

To provide a trained professional to assist with homework, individual learning and job searching for young people with special needs, behavioural difficulties and other young people that attend the project in Hadleigh.

Rendlesham Youth Group

£2,000

Towards youth worker costs for leading the sessions during this forthcoming year.

Rural Coffee Caravan Information Project

£2,000

Funding to provide visits to ten villages in West Suffolk.

Signpost Gunton

£2,000

Contribution towards running bi-monthly Give and Take events.

Smiths Row (Bury St Edmunds Art Gallery Trust)

£1,000

To support a group of mental health service users to meet weekly.

St Edmundsbury Newstalk Association

£2,000

Contribution towards their running costs to provide audio recordings to blind or partially sighted people.

Suffolk Accident Rescue Service

£2,000

For core costs to provide the service in St Edmundsbury and Forest Heath.

Suffolk Cruse Bereavement Care

£2,000

Towards volunteer expenses and helpline costs for their West Suffolk work.

Suffolk Lowland Search and Rescue

£1,112

To provide two search mountain bikes and essential kit for their volunteer riders.

Suffolk Survivors of Bereavement by Suicide (SSOBS)

£1,000

Contribution towards their running costs for this forthcoming year.

Suffolk West Citizens Advice Bureau

£2,000

Towards delivering financial capability training to workers and the public who need training in basic money management.

The Salvation Army

£1,500

To install CCTV inside Lyndon House, a resettlement centre for the homeless in Ipswich.

TOPCATS

£2,000

To run two additional activity days during the February half term for young people with complex additional needs and disabilities.

Volunteer Centre Haverhill (now Community Action Suffolk)

£1,000

A project visiting households and vulnerable residents living on Clements and Chalkstone estates in Haverhill.

Waveney Domestic Violence & Abuse Forum

£2,000

Contribution towards providing one-to-one counselling support to victims who are suffering anxiety, fear and stress related to domestic violence and abuse experiences.

Waveney Gymnastics Club

£1,500

To purchase new equipment and training for their parkour and disability sessions.

FAMILY PHILANTHROPY

THOMAS AND KATE HILL



As a QC, Thomas Hill is all too familiar with the complexities of society, as courts often see the end result of lives that have become complicated for a multitude of reasons. As a Suffolk-based family, Tom and Kate have been keen for some time to get involved with local giving through Suffolk Community Foundation, both as a way of putting something positive back

into the community they live in but also as a way of engaging their children with philanthropy. “We have discussed various ways of increasing our local charitable impact, but we wanted to be sure that we could be involved in more ways than giving money,” explains Kate, a renowned interior designer who works under her maiden name of Kate Earle. “I was very excited when the opportunity arose to be the Patron of the first Rosa Giving Circle in the UK, here in Suffolk – it was an example of like-minded people coming together to share, learn and make a difference to a subject they care about, in partnership with Suffolk Community Foundation who really know what they are talking about.”

The Rosa Giving Circle now has 20 members, and has started grant-making to local groups that are supporting local women and young girls in need, such as helping projects in Lowestoft and Felixstowe that are working with teenage mums. Kate adds, “I am delighted to say that my young daughter asked to become a Rosa member in her own right, and my husband Tom has now joined the Foundation’s Suffolk 100 Club to help support the wider remit of the Suffolk Fund’s community grant-making. As a family, we are delighted to be supporting the Foundation and are speaking to many others about getting involved too.”

West Suffolk Headway

£2,000

Towards tutor costs for delivering pottery activities to their clients who are recovering from brain injuries.

Wickhambrook Parish Council

£2,000

Towards the refurbishment of Wickhambrook Children’s Playground.

YMCA Suffolk

£1,400

To provide essential welcome packs for young people for the Supported Lodgings & Nightstop projects.

Suffolk Small Grants Fund

2nd Carlton Colville Scout Group

£275

To provide First Aid training for volunteer scout leaders.

Alzheimer’s Society - Suffolk

£613

Towards providing a Dementia Support Worker to attend Gatehouse Caring’s weekly Memory Cafe to provide expert information and support to carers.

Apple Tree Close Tenants Association

£200

A contribution towards exercise classes for older people in the area.

Bacton, Cotton & Wyverstone Good Neighbour Scheme

£226

To cover the cost of a new mobile phone for the scheme.

Bangladeshi Support Centre

£900

Contribution towards holding the Multicultural Festival at Alexandra Park in Ipswich.

Beyond the Wall

£900

Towards the purchase of a new minibus.

Bures Darby & Joan Club

£300

Towards running costs for this forthcoming year to support older people in the community.

Catch 22

£900

To produce a high quality brochure and information leaflets to promote the work of Suffolk Community Mediation Service.

Community Action Suffolk

£700

To offer a monthly Breakfast Meeting to 166 voluntary and community organisations across Ipswich.

Creeting St Peter Parish Council

£900

Towards the purchase of a climbing frame for the new play area.

Debenham Girls Group

£300

Towards a 2 day break to Hopton-on-Sea for the group.

Artheads



East Region Wheelchair Basketball Association

£735

To cover travel costs for three basketball players with disabilities to attend national events.

Eye Arts Club

£500

Towards the 'Better Together' arts programme for twenty young people in Eye.

Fun For The Young

£844

Funding towards core costs of a youth project for the coming year in Otley.

Ipswich & Suffolk Indian Association (ISIA)

£850

A contribution towards the Indian Summer Mela in Ipswich.

Ipswich Art Society

£450

Grant funding to run four art workshops for people with mental health issues.

Ipswich Hindu Samaj

£500

Towards the annual salary of an administrator.

Kesgrave Good Neighbour Scheme

£600

To cover the cost of a leaflet drop in Kesgrave to promote the group.

Meet 'N Eat Luncheon Club

£500

A grant to purchase additional crockery to make running the club easier and to cover the cost of venue hire.

Mildenhall & District Swimming Club

£790

To train two volunteers to become swimming teachers.

Norfolk LGBT Project

£300

To set up and promote a new LGB youth group in Lowestoft.

PCC St Mary the Virgin Haverhill

£900

To purchase games, toys, craft materials, equipment and storage for the new baby and toddler group.

Perspectives Pregnancy Advice

£900

For a Level 2 Counselling Skills course for two advisors.

Rural Coffee Caravan Information Project

£750

For two afternoon tea projects for older people in Forest Heath.

Signpost Gunton

£900

Towards a residential course in Wales for young people.

Suffolk Farm Crisis Network

£500

To promote their presence in Suffolk and encourage recruitment of new volunteers.

Talitha Koum

£900

A contribution towards running costs of the weekly recovery group for women who are struggling with an addiction.

Team Spirit

£600

To purchase 30 new performance uniforms for the senior majorette squad.

Waveney Sailability Limited

£540

Towards sailing instructor training for three volunteers.

Woolpit Over 60s Club

£150

To cover the cost of room hire for the club.

Papworth Trust (formerly known as Workwise (Suffolk) Ltd)

£900

Towards the re-accreditation of their Matrix Standard.

Young People Taking Action

£700

Towards running Road Safety and Substance Misuse workshops during the Easter holiday programme.

Surviving Winter Campaign

Age UK Suffolk

£85,000

Towards providing grants to older people experiencing fuel poverty.

Age UK Suffolk

£2,500

To increase the capacity to carry out benefits checks to Surviving Winter grant applicants.

Surviving Winter - Warm Homes Healthy People

Sudbury and District Citizens Advice Bureau

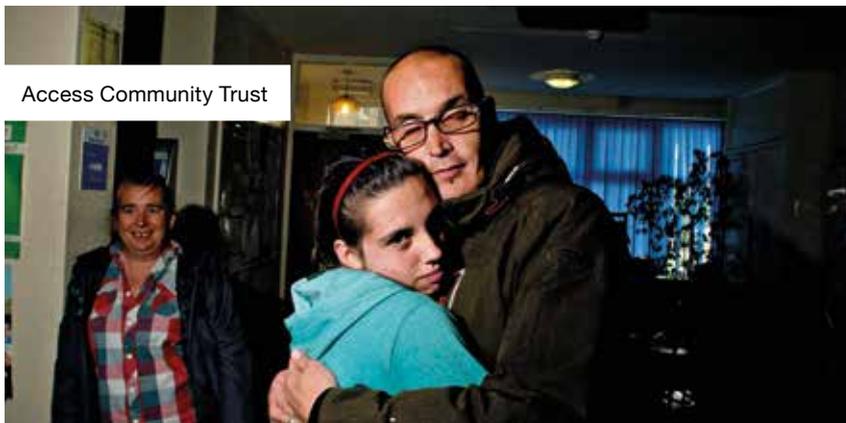
£15,000

For distribution as grant payments to address fuel poverty to householders at risk under the age of 62.

Warm Homes Healthy People 2012

£53,700

For distribution as grant payments to address fuel poverty to householders at risk under the age of 62.



Access Community Trust

Transforming Suffolk Fund

1st Brandon Scout Group

£4,500

To erect a palisade fence to enclose their outside space.

1st Bungay Sea Scout Group

£2,138

A grant to replace the fence around their HQ and upgrade the changing facilities.

1st Bures Scout Group

£3,811

Contribution towards a new kitchen for the Scouts Headquarters.

3rd Sudbury Scout Group

£4,891

Towards the purchase of a modern sailing dinghy to enable more young people to participate.

Arthritis Care

£3,850

To deliver a Challenging Arthritis workshop in Lowestoft.

Asperger East Anglia

£5,000

Funding for a 12 week pilot Work Opportunity Programme for young people with Asperger Syndrome.

Avenues East

£4,246

To run a pilot to establish the Teaming Up project to provide young people with disabilities with supported work experience.

Bangladeshi Support Centre

£4,580

Towards work with families with young children to raise awareness of health issues.

Beccles Lido Limited

£5,000

A grant to update the heating system in the Town Hall.

Bildeston Skate Park Committee

£5,000

To purchase and install a skate park in Bildeston.

Botesdale After School Club

£2,735

Towards outdoor activities for children in the village.

Bridge Project Sudbury

£5,000

Towards developing the kitchen for the Hot Lunch Delivery Service.

Bright Green (East of England) Ltd

£5,000

Towards the co-ordination and other associated costs of a project working to improve the energy efficiency of homes in the Harbour Ward of Lowestoft.

Bury St Edmunds Cricket Club

£5,000

Funding towards a new sports pavillion that will serve as a community facility for a variety of activities.

Castle Community Radio CIC

£5,000

To install broadband and replace 12 computers.

Catalyst - Waveney Counselling Service

£4,500

Towards set up costs for a new affordable counselling service in Ipswich.

Catch 22

£5,000

To provide mediation services for people who are otherwise unable to afford it and to unburden the CABs in Suffolk

Community Action Suffolk

£5,000

A grant for events costs for a pilot of the THRIVE project for rural enterprises in Suffolk.

Compassion

£4,170

Towards the first Stronger Families Community Group Programme in Babergh.

East Bergholt Cricket Club

£4,504

For two new nets, matting and cages for the junior members of the club.

Eastfeast

£3,100

To develop a pilot project of 'learning through a plot of land' working with schools in Mildenhall.

Eastgate Amateur Boxing Club

£5,000

Towards training courses for three new coaches.

Easton & Letheringham Village Hall Management Committee

£5,000

Funding for the refurbishment of the kitchen facilities in the hall.

Felixstowe Bowls Club

£1,000

To replace the surface of the bowling green at the club where people with disabilities play

Fornham All Saints Community Council

£5,000

Towards the creation of a skate park in Fornham All Saints.

Framlingham Tennis Club

£5,000

To provide a courtside pavillion so people can watch tennis from a sheltered place.

Friends of Ashley Homes -

Langley Close

£5,000

Funding to create an outside play area for single mothers and their young children.

Gatehouse Caring in West Suffolk

£2,800

Towards setting up a co-ordinated foodbank in Bury St Edmunds.

GoStart Community Transport

£1,500

A grant towards volunteer travel expenses.

Great Yarmouth & Waveney Mind

£4,538

Funding to hire a youth centre and provide activities for young people in Waveney who have mental health problems.

Hadleigh Dolphins Swimming Club

£1,600

To train four young people as Level 1 swimming teachers.

Happy Days Children's Charity

£860

To provide a trip to the cinema for children who have disabling conditions or life limiting illnesses.

Harkstead Church Heritage

£5,000

Contribution towards installing a new kitchen and disabled toilet facilities in the church.

Home-Start South Suffolk & District

£5,000

Grant funding to launch the 'Readiness for Schools' project to prepare under fives for primary school.

Honington and Sapiston Village Hall

£5,000

Towards the costs of replacing the village hall.

INVOLVE Active

£4,982

To deliver the STEP Programme to develop life skills of young people with additional needs.

Ipswich & Diss Area Quaker Meeting

£1,465

A grant to train 10 people to deliver 'Made of Money' workshops.

Ipswich Community Playbus

£4,110

To expand the service to other areas in Ipswich.

Ipswich Disabled Advice Bureau

£4,788

Funding to enable the bureau to assist people in completing benefit claim forms online.

Ipswich Handball Club

£4,000

To purchase equipment for the youth club and train members to promote the sport in schools.

Ipswich Hindu Samaj

£3,540

Towards the delivery of a healthy lifestyle programme to people in Ipswich.

Ipswich Hindu Samaj

£1,115

To work in collaboration with organisations in Ipswich to promote positive working relationships with young people.

Kedington Community Association

£5,000

A grant to upgrade the current heating and hot water system at the Community Centre.

Kesgrave War Memorial

Community Centre

£4,650

Towards a programme of weekly fitness sessions.

Keystone Development Trust

£3,250

Towards a programme of one-to-one support to voluntary groups in order to help them deliver more services to the wider community.

Kirkley & Pakefield Community

Sports & Social Club

£5,000

A contribution towards the cost of a 3G all weather football pitch.

Lapwing Suffolk

£5,000

Funding for the Programme Coordinator's salary and a new management system.

Leeway Domestic Violence

& Abuse Services

£2,000

To print specialist service user booklets for victims of domestic abuse across Suffolk.

Level Two Youth Project

£2,856

Towards open access youth sessions on Saturdays and work with Year 6 pupils for their transition to high school.

Lofty Heights Ltd

£5,000

Contribution towards the cost of purchasing a Crew Cab vehicle.

Matthew Project

£3,743

To expand their under 18 drug and alcohol awareness sessions to pupil referral units, youth clubs and other venues in Suffolk.

MENTA

£3,800

Towards the 'GoMenta - Create Your Future' business start-up workshops for young people in Bury St Edmunds.

Mid Suffolk Voluntary

Organisations Forum

£4,627

A grant to improve facilities at the centre and produce a promotional leaflet.

Mid Suffolk Voluntary

Organisations Forum

£838

To develop a community garden at Red Gables, Stowmarket, using local peoples' skills and involving local community groups.

Milkmaid Folk Arts Centre CIC

£4,360

Towards facilitator fees and venue hire to run Suffolk Mind's music group.

Oasis Community Centre

£5,000

A grant to scale up the current programme at the centre.

Orwell Mencap

£1,443

Towards an exercise programme for people with learning disabilities.

Panathlon Foundation

£3,620

Funding to deliver Panathlon sports days for children with severe disabilities.

Papworth Trust

£4,936

Towards creating a sensory garden in Christchurch Park in Ipswich.

Perspectives Pregnancy Advice

£2,000

To train the centre co-ordinator and deputy co-ordinator in Level 3 counselling.

Petals

£1,200

Towards providing counselling sessions and to provide transport bursaries for people that cannot reach the service themselves.

Quay Theatre at Sudbury

£4,500

Contribution towards a new disabled toilet and cloakroom facilities at the theatre.

REACH Community Projects

£4,740

A grant to provide local families with ICT facilities to help with CV writing, job applications and provide internet access.

Satomi Kai Aikido Club

£4,489

To support the club's expansion into the Cedars Park area of Stowmarket.

St Mark's Church Centre

£5,000

To refurbish the kitchen for use to provide community lunches.

St Michael's with BYE Childcare

£5,000

Towards renovating and insulating the extension of the hall.

Stansfield Village Hall Management Committee

£5,000

To refurbish the village hall toilets.

Suffolk Mind

£3,741

Towards printing a mental health and wellbeing resource for the Muslim community.

Suffolk West Citizens Advice Bureau

£5,000

For the costs of volunteer expenses who are working on the Financial Capability programme supporting those with debt problems.

Supported Activities for Everyone

£5,000

Towards the creation of a cafe for people with learning difficulties to work in.

Survivors in Transition (SiT)

£4,765

Towards increasing their services to include more specialised counselling.

Sustainable Bury

£5,000

To hold a Sustainable Bury Fair at the Apex.

The Brickyard

£5,000

Towards the costs of delivering projects for those living in the Harbour Ward of Lowestoft.

The Salvation Army

£5,000

Towards the installation of a wet room in Woodbridge to help people who are homeless.

TOPCATS

£5,000

To support the costs of the 'Somewhere to Go' programme.

Waldringfield Allotment and Leisure Gardeners Association (WALGA)

£500

Towards start up costs for a community composting scheme in Waldringfield.

Walsham-le-Willows Memorial Hall

£2,500

Towards the purchase of new tables for the hall.

Warden's Charitable Trust

£1,790

To continue to provide a weekly bathing service for people with disabilities.

Woodbridge Rugby Union Football Club Ltd

£4,265

Towards crockery and a hot water heater for the clubhouse kitchen.

Wortham Village Hall

£5,000

Towards the refurbishment of the village hall's kitchen.

True Colours Fund

FIND (Families in Need) Ltd

£1,450

Suffolk New College Students' chosen charity.

Suffolk Young People's Health Project

£1,450

Suffolk New College Students' chosen charity.

Town Pastors Ipswich

£1,450

Suffolk New College Students' chosen charity.

Suffolk Disability Care Fund

The following grants have supported more than 70 local beneficiaries providing specialist living aids to improve their quality of life. The items listed are not statutorily provided. Applications must be referred by a health or social care professional.

Adult Community Services

£1,000

A contribution towards a reconditioned wheelchair.

Adult Community Services

£1,000

To provide a Chair Bed.

Adult Community Services

£1,000

Towards a Hydrotilt Comfort Care Chair.

Adult Community Services

£348.50

To purchase a mobility scooter cover.

Adult Community Services

£1,000

Contribution towards a Stannah Curved Stair-Lift.

Adult Community Services

£1,000

Towards the cost of a Tellus 4 Computer.



Access Community Trust

Adult Community Services

£78.08

To purchase a reacher, long reach foot and body wash sponge, pedal exerciser and easy wipe.

Children & Young People's Services

£499

To purchase a Karma Ergo wheelchair.

Children & Young People's Services

£1,000

To provide a Convoid Cruiser CX18t.

Children & Young People's Services

£1,000

Towards a Convoid Mobility buggy.

Children & Young People's Services

£389

To purchase an infra-red computer connection.

Disability Advice Service (East Suffolk)

£798

To provide an adjustable bed.

Hadleigh Health Centre

£1,000

Contribution towards a specialised car seat.

Ipswich Child Development Centre

£480

To provide a Special Tomato Jogger buggy.

Ipswich Child Development Centre

£780.45

To purchase a Recaro Sport Reha car seat.

Ipswich Child Development Centre

£279.99

To provide an iPad for a child with severe disabilities.

Ipswich Child Development Centre

£147

To purchase Big Red Switch, Joy Cable and 'Big Bang' software.

NHS Specialised

Commissioning Group

£1,000

Towards a power wheelchair.

NHS Specialised

Commissioning Group

£1,095

To purchase a folding mobile hoist.

Norfolk & Suffolk

NHS Foundation Trust

£383

For a High-backed Orthopaedic armchair.

Norfolk & Suffolk NHS

Foundation Trust

£1,000

Towards the cost of a Regency Care chair and accessories.

Sensing Change

£399

To purchase a Ruby Portable Video Magnifier.

Sensing Change

£325

To purchase a Trekker Breeze.

Sue Ryder Care

£1,000

Towards specialist seating for postural care and relaxation.

Suffolk Community Healthcare

£1,000

Towards the cost of a Tandem Stroller specialist buggy.

Suffolk Community Healthcare

£227

To purchase a Britax First Class car seat.

Suffolk Community Healthcare

£1,762

Towards the purchase of two specialist trikes.

Suffolk Community Healthcare

£224.15

Grant funding for a Crelling harness and Kids Plus booster seat.

Suffolk Community Healthcare

£295

Funding to provide a Maxi Cosi Axiss Car seat with turntable.

Suffolk Community Healthcare

£3,047

To purchase three Theraplay tricycles.

Suffolk Community Healthcare

£2,415

To provide five P-Pod Bean Seats

The Stroke Association

£1,000

Towards a wheelchair and power pack.

The Stroke Association

£599

To purchase a Jencare Drive Powerstroller.

Thomas Wolsey School

£2,000

Towards two Symmetrikit chairs.

Various organisations

£3,618

To provide four riser-recliner chairs.

Various organisations

£2,487

To purchase 18 Maclaren Major buggies with raincovers and sunshades for children with disabilities.

Various organisations

£2,299

Towards the purchase four Britax Traveller Plus car seats.

Various organisations

£241.50

To provide two Crelling Safety Harnesses.

Various organisations

£908

Towards the cost of two Unisafety Easy Travel Magnet Harnesses.

Various organisations

£1,459

To purchase two wheelchair power packs.

HELPING YOU GIVE

We are all motivated by different life experiences to want to give something back, but the core values remain largely the same for all of us: the desire to make a difference and help enable change for the better. Whatever it is that inspires you to give, we can make it easy for you to find local causes that reflect your charitable aspirations. Whichever way you choose to be involved, you are able to see exactly where your money goes, the hope it offers and the impact it makes.



MAXIMISE THE IMPACT

Throughout the coming year we are offering a 50% match funding through two initiatives to incentivise endowment building. Community First is a government funded initiative from the Office for Civil Society and Transforming Suffolk is an investment fund established by Suffolk County Council to build a sustainable grants fund for Suffolk's charitable sector in perpetuity. This match funding can be used to create a named endowment fund on behalf of an individual, family or company.



NAMED FUND

At Suffolk Community Foundation, the most essential thing we do for donors is simplify your charitable giving. Creating a Named Fund is an effective and straightforward way for you to get directly involved in community philanthropy, without the administrative and legal costs of setting up a separate charitable trust. We provide personal support to ensure your giving is effective and we will help you to match your charitable interests with local needs. Funds can be for endowment building or flow-through grant-making, or a mix of both.



LEAVING A LEGACY

We can help you establish a legacy of giving beyond your lifetime. You decide how you want to be remembered and realise your vision of a better future through planned giving and charitable bequests to the causes that matter most to you. This is also a meaningful way to remember a loved one, with an In Memorium Fund that can be an endowment fund for many generations to come.

ENDOWMENT FUNDS FOR LASTING GIVING

In addition to the grant-making funds listed in this Annual Review, the following endowment funds are also being built to provide sustainable funding for Suffolk's local communities. Endowment donors have the satisfaction of knowing that, through their gift, they are leaving a legacy that continues to support the local community for many generations to come. We are thankful for all of the support we have received in the past and look forward to working with families and businesses to continue to build this valuable resource for Suffolk.

AXA Insurance Grassroots & Community First Fund

Baker Tilly Grassroots & Transforming Suffolk Investment Fund

Barclay Family Fund

Birketts Grassroots & Community First Fund

Bluebell Grassroots & Community First Fund

Bunbury Family Community First Fund

Bunting Family Grassroots Fund

Catalyst Community First Fund

Chapman Family Grassroots Fund

Clopton Hall Farm Community First Fund

Cunliffe Endowment Fund

Davies Family Community First Fund

The de la Rue Family Grassroots Fund

Dolphin Franklin Community First Fund

Evdemonia Community First Fund

Freud-Curtis Community First Family Fund

George Vestey Family Fund

Hewlett Grassroots & Community First Fund

High Sheriff Grassroots & Community First Fund

Hubble Bubble Grassroots Fund



100

COLLECTIVE GIVING

Collective giving is a very enjoyable way to get involved in strategic giving - when you pool your gift with others, it has a greater impact. There is the added social element of meeting with fellow donors to discuss areas of interest, to understand the issues and make a collaborative difference to local communities you care about. We currently have two collective giving funds:

SUFFOLK 100

Join the Suffolk 100 Club - a group of 100 leading individuals and businesses committed to supporting the small, grassroots community organisations that work hard to improve the quality of life for people across the county. We are asking those who care about Suffolk to commit to making an annual donation of £1,000 for three years which will support our vital Suffolk Fund for local grants.

1

ROSA GIVING CIRCLE FOR WOMEN

Giving Circles are an excellent way to multiply the impact of your donation. With the help of Suffolk Community Foundation's knowledge of local needs, join other like-minded women to share ideas and support charitable organisations helping local women and girls in need through grant-making. We are looking for people to join our Rosa Giving Circle for Suffolk and make an annual donation of £500 for a minimum of three years.

Please contact judi.newman@suffolkcf.org.uk if you would like to discuss ways to give in more detail.

- Hughes-Hallett Family Grassroots Fund
- Iken Peninsula Fund
- In Memoriam Community First Fund
- Ipswich Building Society Charitable Foundation Grassroots Fund
- James Euston Grassroots Fund
- Kemball Community First Fund
- Lucstu Grassroots Fund
- Mahony Family Grassroots & Community First Fund
- Marriott Motor Community First Fund

- Martineau Transforming Suffolk Investment Fund
- Michael Ben Howes Fund
- Mitchell Community First Fund
- Phillips Family Community First
- Port Community Grassroots & Community First Fund
- Rosa Community First Fund
- Rowland Family Community First Fund
- Rutgers Grassroots Fund

- Sabariah's Grassroots & Community First Fund
- Sheepshanks Family Grassroots Fund
- Skinner's Grassroots & Community First Fund
- Suffolk Grassroots & Community First Fund
- Tattersalls Community First Fund
- Vestey Group Community First Fund
- West Community First Fund



PROVIDING COMPASSION IN CRISIS

IPSWICH WINTER NIGHT SHELTER

Launched as a pilot in 2011, the Ipswich Winter Night Shelter is the Church's response to the problem of homelessness in Ipswich. It follows the model which runs across many London boroughs and other parts of the country, relying on an amazing army of volunteers. For the three coldest months of the year (December, January, February), churches across the town work together to provide shelter, welcome and hospitality every night for up to 12 people referred to the project who have nowhere else to stay. Restricted by the number of nights that a church can offer shelter, seven churches open their doors for one night a week each for thirteen weeks offering a co-ordinated service to those most in need.

During the winter of 2011/12, the Ipswich Winter Night Shelter accommodated over 37 guests at different times. Over 1,000 meals were served by over 300 volunteers. Delivering this shelter is an enormous logistical exercise and is only made possible through the

support of local people offering their time and compassion to others during a time of increased vulnerability. At each meal time, the volunteers sit and eat with the guests, which is a central part of the hospitality. Through these social times, relationships are established and support can be offered appropriate to each individual's needs.

In recognition of the dedication and outstanding work of all those involved, the Ipswich Winter Night Shelter was a winner of this year's Improve and Prove Awards, a special award scheme funded by Suffolk County Council to recognise fantastic community achievement. The award of £10,000 enabled the Night Shelter to open again during the winter of 2012/13. The Rev Canon Paul Daltry, Minister for Church and Community Engagement in the Diocese of St Edmundsbury and Ipswich, said he was thrilled the shelter had won the award: "The Improve and Prove Award was the big one. It gave us the freedom to get on with it this year.

It gave us peace of mind that we could deliver good quality care for our guests."

Those who find themselves homeless often have a number of complex needs. At the simplest end are relationship problems, debt and unemployment through to more complex issues such as mental health issues, problems of addiction to substances or gambling, personality disorders and criminality. The homeless are often thought to be those who sleep rough, however there is a far greater number who have no place of their own who are known as 'sofa surfers' who often spend time rough sleeping until they can find another bed, couch or floor in a friend's or relative's home. They find it hard to find employment, access services, and break out of the homeless trap. The homeless community can easily encourage them into substance abuse as a way of escaping what can seem to be the emptiness of life.



“ We are now seeing some of our longer term guests getting more permanent accommodation, which is excellent, but the demand for beds is still growing.”

– Rev Paul Daltry

Despite there being more beds available through other service providers, the Ipswich Winter Night Shelter ran to full capacity again in 2012. This year saw shelter be provided to 42 homeless people during the winter, and unfortunately once again many others were turned away. The volunteers work hard during the period the Night Shelter is open to try and find more sustainable accommodation for the guests. “We work with the agencies already working in the town to encourage the guests to receive help and advice to restore their lives, find long-term accommodation, regain self-

esteem and dignity, and return to society as an equal. The overnight shelter is not an on call hostel but part of a programme of restoration to bring structure back into chaotic lives. Our priority is to move people on to a better situation than when they came in – whatever that might be,” explains Paul. An indicator of the shelter’s positive influence can be seen in one guest whose life had been ruined by gambling. The shelter provided him with a safe place to regain control of his life. Following his stay during the first winter, he returned this year to volunteer and offer support to others as he had received.





Anglia Care Trust Mentor

CHILDREN AND YOUNG PEOPLE ANGLIA CARE TRUST

Many of the charitable groups supported by the donors of Suffolk Community Foundation are not widely known about, sometimes because the nature of their work is very difficult to communicate. There are some charities within Suffolk that have made a significant difference to the wellbeing of the county for many decades and yet public awareness of their name or work is relatively modest.

For over 40 years, Anglia Care Trust has been providing support to vulnerable people within the community; increasingly, the emphasis is on early intervention and preventing social exclusion of children, young people and adults. The people they support have a range of interconnected vulnerabilities including family breakdown, homelessness, history of offending and poor physical or mental health.

One of Anglia Care Trust's key provisions is a mentoring service, providing children and young people with an adult mentor from their local community to provide support and guidance.

In 2012, the Port Community Fund awarded a significant grant of £9,545 to Anglia Care Trust to provide mentoring in Felixstowe to young people in need of support to reduce their offending and anti-social behaviour. As Carrie-Ann

effect on the child's academic attainment and attitude towards learning and raise aspirations. The positive outcomes from the mentoring programme are not only limited to that individual mentee but have benefits that will be felt by their families

“ Positive outcomes from the mentoring programme are not only limited to that individual mentee but have benefits that will be felt by their families and the wider community, both socially and economically.”

– Carrie-Ann Brown

Brown of Anglia Care Trust explains, “Not only does the mentoring programme directly address the children's behavioural difficulties, but it also helps children socially and emotionally, building their resilience so that they can better deal with the difficulties that they face in life. In turn, these improvements can have a knock-on

and the wider community, both socially and economically.”

The delivery of this mentoring service in Felixstowe has led to a significant improvement in the lives of those receiving it as L's story demonstrates.

L'S STORY

L, aged 10 years, was referred to the mentoring service in November 2012 from Intensive Family Support, another service offered by Anglia Care Trust, who were working with the family. L and his brother had witnessed domestic violence in the family home, and coupled with their mum's depression and their dad's heavy drinking L had been left with little trust in adults.

At the beginning of the mentoring relationship L had issues communicating, he was very shy, his body language was closed with very little eye contact. During the first few mentoring visits L did not speak unless asked a direct question and even then, if he could answer with a nod or shake of his head he did. It seemed he didn't want to talk in case he said something he shouldn't and it was suggested that mum had told L what he could talk about outside of the family home. Being patient was essential in order to get L to be more open and assertive. L was never pressured to make decisions or talk about his feelings, it was important to let L get to know his mentor and trust her and eventually he opened up. It was important for L to know his mentor was reliable and would visit when she said she would.

Since the beginning of the mentoring relationship, there has been a significant change in L. He is open with his mentor and is now happy to talk about his feelings, his day and his family. Gradually over time L's confidence has grown. Simple tasks like directing his mentor to destinations, talking with staff in shops and suggesting activities he would like to engage in is now possible making L more independent and assertive.

L is now able and willing to open up to his mentor about anything and everything. L recently suggested to his mentor that he is considering applying for a paper round (when he is old enough). He wants to be more responsible, be able to afford to treat himself and continue to engage in activities after the mentoring sessions have ended.



PORT COMMUNITY FUND REACHES MILESTONES

Managed by Suffolk Community Foundation, Felixstowe's unique Port Community Fund reached three milestones in 2013 – it celebrated its fifth anniversary, awarded its 100th grant and celebrated having given away more than £200,000 since the fund started.

The Port Community Fund was created in 2008 by a group of companies in and around the Port of Felixstowe, to pool their resources, support local charities and build a mutually supportive relationship with the local community.

Before the Fund was set up, the companies each provided support to a range of local causes but all felt they could make a more positive impact if they co-ordinated their efforts. The Port Community Fund provides a focal point for fund-raising and has proved that there is real strength and depth in numbers, raising greater amounts of money and providing stronger support for the local community than would be possible when acting alone.

"We are proud to be celebrating the fifth anniversary of the Port Community Fund and delighted to have passed the £200,000 milestone," said Alan Long, Chief Executive of Felixstowe-based Maritime Cargo Processing, one of the Fund's founder members.

"Over the past five years we have supported a huge range of local causes, and are proud to have made a real difference to improving the quality of life for local people."



IMPROVING HEALTH AND WELLBEING

MUSIC IN OUR BONES

All together now: singing is good for your body and soul.

Wellbeing includes good mental health, physical fitness and positive social networks. Suffolk Community Foundation believes that the wellbeing of our residents is vital if we are to build healthy communities throughout the county. Taking part in community groups and activities is a key part of increasing personal wellbeing; people who are active and who feel able to access the support they need are more likely to feel both happier and healthier.

Singing is one thing in life where feeling better is pretty much guaranteed. Scientific research has now proven that singing is attributable to an improved physical and mental wellbeing. For one Suffolk community organisation, singing is at the core of what they do.

Since 2007, Music in Our Bones has been promoting, encouraging and facilitating singing as part of everyday life of communities across Suffolk. The group is particularly there to offer a helping hand to people facing challenges in their lives. Tracy Sharp, one of the singing leaders, talks of the benefits of singing, "It's been exciting to get feedback from people singing with us which supports all the now proven national scientific research into the health benefits of singing. When we sing together we naturally improve our circulation, breathing and posture and feel tension and stress slip away in the laughter and songs shared; we naturally feel our spirits lift as we sense a real connection with each other in our music making. It's a magic that everyone wants to feel part of once they've tasted it!"

Music in Our Bones runs regular workshops across Suffolk, all sessions are open to all and everything is taught

by ear. "Singing is an ancient accessible art form which has enabled people all over the world over to celebrate. We sing to celebrate births and marriages, yet in a consumer-orientated world, we are now encouraged to believe that only the best singer should sing, reduced to being passive listeners rather than hearty singers. We want everyone to join in and rediscover their voice. Singing is something that would have been present at some point in our lives. As children, we sung but as adults we often only sing

health problems for six years describes the sessions as "life-changing, they give me something to look forward to. I used to self-harm but I have stopped now, the singing keeps me out of hospital. I really enjoy the social aspect of the workshops; it is my reason for coming."

Community Spirit

During the year, Music in Our Bones was awarded £3,000 to support the group in building its capacity to offer further singing sessions and to train some of

“ In our sessions, people can be themselves; there are no barriers.”

– Fran Flower

when no one is listening. In our sessions, people can be themselves; there are no barriers. Participation throughout is voluntary, people are free to join in with whatever they like," explains singing leader Fran Flower.

Building Confidence

For Alice, a regular participant, the fortnightly singing session has been a salvation during a difficult time in her life. "I lost someone very close to me two years ago and every day since has been an emotional struggle. I was feeling rather lost and all my self-confidence had gone. I saw the flyer about a singing group and decided to give it a go; I used to sing in my teens and always loved it then. The three ladies were so welcoming; I was instantly put at ease. I often feel emotional after a session but it's a positive feeling, I find it very cathartic. Both groups I attend are sociable and offer a very supportive environment, I couldn't imagine not having it now, I hope it continues." Kerry, another regular who has suffered from mental

its participants to take on a leadership role. Part of the grant was used to record 'Celebration in Song'. Seventy nervous singers from across Suffolk gathered at St Peter's by The Waterfront to celebrate together in song: it was the first time that all the groups had sung together and in front of a large audience, so a fantastic achievement for everyone involved.

"Thanks to the support from Suffolk Community Foundation and Suffolk County Council's Improve and Prove Fund, we were able to bring together all the Music in Our Bones groups together to record Celebration in Song, a DVD which provides us with strong evidence for the need and strength of the project. Not only is the DVD an invaluable marketing tool that we can present to health professionals as evidence of the project's capacity to improve physical health and wellbeing, it has also given the participants a huge sense of pride and achievement," explains Jennie Fisk, the third leader of this joyful group.



Thornham Magna Community Open Spaces

CELEBRATING A REAL SUCCESS

Awarded to charities who have completed successful projects, the Improve and Prove Awards highlight Suffolk success stories and hopefully inspire others. The awards are given as part of Suffolk County Council's Improve and Prove Fund, which was set up to provide small grants to support community organisations with building capacity.

This year, ten Suffolk community groups each received an award of up to £10,000 for their proactive approach to helping their organisation become more self-sustaining. Councillor Colin Spence, Suffolk County Council's Portfolio Holder for Public Protection and the Voluntary and Community Sector said, "These awards are about saying well done and making a shining example of what can be achieved by people with the passion and drive to make a difference."

The 2012 Improve and Prove Awards winners were:

Beccles Sea Cadets

An award for arranging major events in Beccles to significantly increase the group's fundraising.



East Anglian Sailing Trust

An award for the 'Exploring the River Orwell and Wildlife Sites' project which engaged with 246 schoolchildren in Suffolk and involved 2,310 volunteer hours.

Friends of Ashley Homes - Langley Close

An award for their engagement with young people who are NEET which resulted in some going to Otley College.

Ipswich Mencap

An award for their outstanding fundraising efforts which resulted in a sensory room and garden area being created for people with mental health problems.

Ipswich Winter Night Shelter

An award for their outstanding co-ordination in providing 1,035 meals, 300 volunteers resulting in 12 rough sleepers having overnight accommodation for two months.

Rural Coffee Caravan Information Project

An award for their success with the Golden Age Fairs.

Stowmarket Scout Centre Project

An award their admirable volunteering efforts on the rebuild of the scout hut.

The B&B Theatre Company

An award for engaging with young people with a variety of needs.

Thornham Magna Community Open Spaces

An award for outstanding volunteer commitment to the creation of the community play space.

Wickham Market & District Family Carers Support Group

An award for outstanding commitment and provision of services for carers.





DELIVERING HELP AND CARE AT HOME GOOD NEIGHBOUR SCHEMES

The county of Suffolk boasts some beautiful countryside but the rural nature has several implications for meeting community need. Service provision in rural areas has been declining for several decades and is continuing to decline – shops, post offices, schools and pubs

living in their community area. The schemes are aimed at helping to make life easier for people in this community. They enable the coordination of volunteers with local people needing assistance with simple everyday tasks; they are there to help people at home, which can often

Now with thirty volunteers, the Scheme provides a variety of help to neighbours, for example, shopping, a listening ear, lifts for medical appointments, walking a dog - simple, everyday tasks which are all too easy to take for granted and yet are not always possible for many people.

“ We want people to know we are here to help – we want to be bothered!”

– JANE CODY

are still closing and rural bus services are limited. Our Hidden Needs Report carried out by the University of Cambridge states that in Suffolk ‘only 33% of parishes had a post office, down from 57% in 1991. Only 14% had a general store and barely half had a pub.’ Thus, people are reliant on public transport or on outreach schemes which bring services and help to them.

Good Neighbour Schemes

There are thirty Good Neighbour Schemes in Suffolk, all of which are run entirely by volunteers. These are local people with the local knowledge and networks to connect with those most disadvantaged, vulnerable or isolated

make all the difference enabling someone to remain independent in their own home for longer.

Kesgrave Good Neighbour Scheme

With a population of 15,000 people, Kesgrave is a bustling town located on the outskirts of Ipswich. Following a series of public meetings and surveys to assess community needs and resources, it was recognised that there were many residents who were in need of extra support with simple, everyday tasks and so the Kesgrave Good Neighbour Scheme was born. It is the first semi-urban Good Neighbour Scheme in Suffolk.

Jane Cody, Chair of Kesgrave Good Neighbour Scheme explained, “The majority of people we help are older people; they are the ones who need the Good Neighbour Scheme the most. Often they are living on their own and their family live many miles away. We assist with what are little jobs to us but that make a huge difference to someone else.

“It’s very straightforward, neighbours simply call the Scheme phone number and the phone holder will match the request to a volunteer. The phone is held in turn by a core group of volunteers who match the need of a caller to a volunteer who has offered to help in that particular way. It is a system which spreads the load and does not put pressure on any volunteer to do more than they have time for, or are comfortable with.”

Once the Kesgrave Good Neighbourhood Scheme had established



itself and was in a position to give help to those in need, the Scheme was ready to raise its profile and start helping a wider audience. It was time to tell everyone in Kesgrave that they existed. A small grant from Suffolk Community Foundation enabled the Scheme to carry out a leaflet drop to 6,000 letterboxes throughout the town. “100% of all Kesgrave residents now know of the scheme and those that might need the scheme most now know it exists. Since the leaflet drop we have seen a steady increase in the number of calls we receive, before it was one or two, now we receive five or six calls a week,” explains Jane.

Good Neighbour Schemes are a way of helping people stay independent whilst providing friendly, social contact and making sure they’re safe and well. As Jane explains, “One lady in her 80s who was feeling unwell, very reluctantly called us to ask if someone could buy her some milk. When the volunteer visited her, they suggested that she visit her doctor. Following the appointment, the volunteer collected her prescription for her. The lady felt completely overwhelmed with what help she had received, she really thought she was stuck. She then called to tell us she was better again and said that calling us was the best thing she had ever done.”

A grant of £600 was awarded to Kesgrave Good Neighbour Scheme from the Suffolk Fund. This fund continues to make a positive social impact across many different aspects of Suffolk community life, largely thanks to the generosity of our Suffolk 100 members who are now providing a regular income to this vital fund.

“ A Good Neighbour Scheme enables people of all ages to volunteer and the schemes are popular with the newly retired as an opportunity to keep active while contributing to their community. Our youngest volunteer is 19yrs old and we have some who are in their early 80s; it really is something that anyone can get involved with.”

– JANE CODY





CREATING THRIVING COMMUNITIES SUPPORTED ACTIVITIES FOR EVERYONE

On the outskirts of Saxmundham sits a warm and friendly log cabin, the home of Supported Activities for Everyone (S.A.F.E). Although a place that isn't easily visible from the road, the joy and laughter emanating from the building is a clear sign that it truly is a place that is living up to its name.

S.A.F.E. provides an array of activities such as arts and crafts, gardening, exercise and music to promote social interactions for adults with learning disabilities living in Saxmundham and the surrounding area.

One project opened this year by the charity is the Pear Tree Café, a bustling community minded café serving tea, coffee, cakes and light lunches. But it's much more than a café: it's a community hub, providing invaluable opportunities for local people.

The café is run by adults with learning disabilities who are supported by

qualified staff and volunteers. It is a safe and supported place where people can gain customer service skills, food service and food hygiene skills. It also provides them with an opportunity to interact with members of their local community and build confidence.

"It is thanks to the support of Suffolk Community Foundation and Suffolk County Council's Transforming Suffolk Fund, that this project became a reality. The grant we received enabled us to get started; some of the money went towards our operational costs such as heating and lighting. But the majority has enabled us to provide food and hygiene training to people with learning disabilities and create some marketing materials," explains founder James Perks.

"We wanted to create a place which not only serves delicious food and coffee in a fun and welcoming atmosphere but also somewhere which creates training and work experience for people, allowing





them to feel more involved with the community.”

“The cafe is about promoting social inclusion, giving people a sense of worth and a feeling that they are part of a valued and supported community. It’s also a way to increase the public’s awareness of learning difficulties and to encourage the local community to work alongside us and help us develop the project. We want Saxmundham to be a safe and inclusive community,” he added.

The cabin has been built for use by the whole community.

It is situated within walking distance of a number of sheltered houses and supported living houses, care homes and schools. The café is still in its infancy but

is being used regularly by a wide range of customers and hopes to become a well known meeting place in the area. “Many elderly residents come and enjoy a cup of tea and chat; it’s a friendly place where they can interact with others, helping reduce social isolation suffered

“The cafe is about promoting social inclusion, giving people a sense of worth and a feeling that they are part of a valued and supported community.

– James Perks

by so many close by. The community has embraced it and we hope it will continue to go from strength to strength,” says James.

Sadie who has mild learning disabilities recently finished studying at college and had been looking for work opportunities in her community. It was her support worker who came across the Pear Tree Café and contacted James to find out more. Keen to learn new skills,

Sadie volunteered for an afternoon at the café, happily serving food and using the till. Her support worker explained, “Sadie got on really well, she didn’t look to me for support at all, I am so thankful to James for giving her a chance. Volunteering at the café has given her the confidence to apply for other volunteer work.

When one person believes in you, it spurs you on to do more.”

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 30 JUNE 2013

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total 2013 £	Total 2012 £
Incoming resources from generated funds					
Voluntary income	166,323	14,039	-	180,362	167,115
Activities for generating funds	90,249	64,148	-	154,397	143,996
Investment income	128,831	47,516	-	176,347	116,188
	385,403	125,703	-	511,106	427,299
Incoming resources from charitable activities	-	1,713,627	844,914	2,558,541	2,289,318
Total incoming resources	385,403	1,839,330	844,914	3,069,647	2,671,214
Resources expended					
Costs of generating funds					
a) events	109,971	60,402	-	170,373	143,540
b) other	-	-	-	-	-
c) investment management costs	-	-	3,955	3,955	2,881
	109,971	60,402	3,955	174,328	146,421
Charitable activities					
a) grants given	73,730	1,555,311	-	1,629,041	1,624,734
b) support costs	187,974	30,169	-	218,143	221,127
Total charitable expenditure	261,704	1,585,480	-	1,847,184	1,845,861
Governance costs	43,840	748	-	44,588	39,250
Total resources expended	415,515	1,645,882	3,955	2,066,100	2,031,532
Net (outgoing)/incoming resources before transfers	(30,112)	192,700	840,959	1,003,547	657,590
Gross transfers between funds	30,027	(124,032)	94,005	-	-
Net (outgoing)/incoming resources	(85)	68,668	934,964	1,003,547	657,590
Other recognised gains and losses					
Gains/(losses) on investment assets	12,299	4,188	95,832	112,319	(34,810)
Net movement in funds	12,214	72,856	1,030,796	1,115,866	622,780
Fund balances at 1 July 2012	330,663	576,341	2,642,096	3,549,100	2,926,320
Fund balances at 30 June 2013	342,877	649,197	3,672,892	4,664,966	3,549,100

Statement by the trustees

These summarised accounts are a summary of information extracted from the audited annual accounts on which the auditors' opinion was unqualified. The full report and accounts were approved by the Trustees on 23 September 2013 and have been submitted to the Charity Commission and the Registrar of Companies. These summarised accounts may not contain sufficient information to allow for a full understanding of the financial affairs of the charity. For further information, the full accounts, the auditors' report on those accounts and the Trustees' Annual Report should be consulted. Copies of these may be obtained from Suffolk Community Foundation registered office. On behalf of the trustees 23 September 2013.

Statement by the Auditors

In our opinion The Summarised Financial Statements are consistent with the full annual accounts. Ensors. 23 September 2013.

BALANCE SHEET

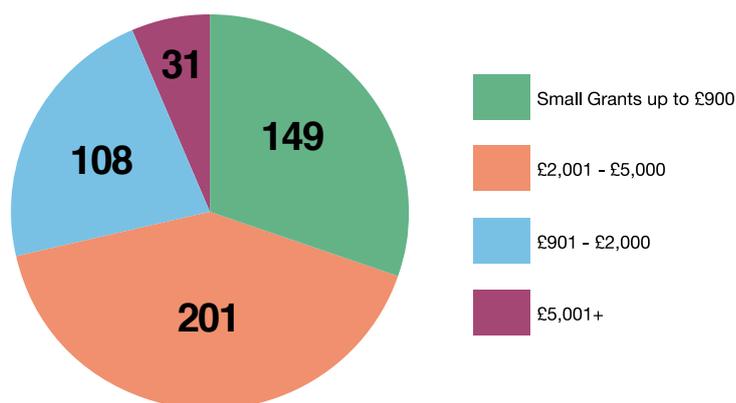
FOR THE YEAR ENDED 30 JUNE 2013

	£	2013 £	£	2012 £
Fixed assets				
Tangible assets		11,421		12,972
Investments		3,302,300		1,866,506
		<u>3,313,721</u>		<u>1,879,478</u>
Current assets				
Debtors	180,671		213,056	
Cash at bank and in hand	3,616,266		4,733,316	
	<u>3,796,937</u>		<u>4,946,372</u>	
Creditors: amounts falling due within one year	(764,692)		(1,529,417)	
Net current assets		<u>3,032,245</u>		<u>3,416,955</u>
Total assets less current liabilities		<u>6,345,966</u>		<u>5,296,433</u>
Creditors: amounts falling due after more than one year		<u>(1,681,000)</u>		<u>(1,747,333)</u>
Net assets		<u>4,664,966</u>		<u>3,549,100</u>
Capital funds				
Endowment funds		3,672,892		2,642,096
Income funds				
Restricted funds		649,197		576,341
Unrestricted funds		<u>342,877</u>		<u>330,663</u>
		<u>4,664,966</u>		<u>3,549,100</u>

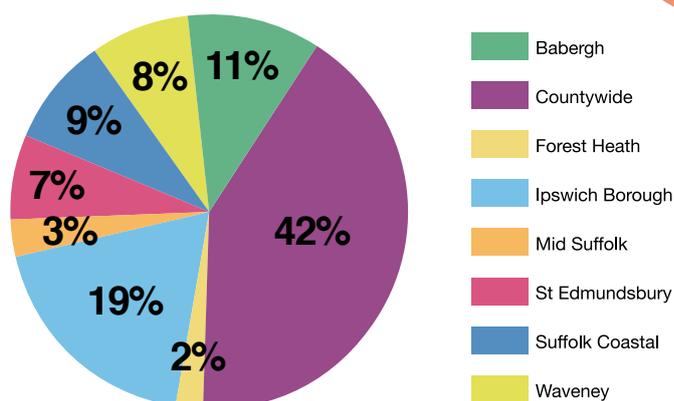
The accounts were approved by the Board on 23 September 2013.

Company Registration No. 05369725

Grants awarded by size 2012/13



Grants awarded by district 2012/13



2012/13 SUCCESSES

JULY

Suffolk Dog Day

Another very successful Suffolk Dog Day took place on Sunday 29th July at Helmingham Hall, kindly sponsored by Adnams, raising a record £60,000 for Suffolk Community Foundation. This was the fifth Suffolk Dog Day and since it began has raised almost £210,000 for local causes as well as raising awareness of the Foundation. Just under 8,000 people attended, including volunteers, stallholders and exhibitors. Once again local families enjoyed a wonderful, fun day out whilst making a real difference to those most in need in Suffolk.

Suffolk Dog Day



OCTOBER

Suffolk 100

The first Suffolk 100 lunch took place at The Bildeston Crown on 5th October with Professor Noel Smith from UCS as the guest speaker.



▲ High Sheriff's Luncheon

The High Sheriff's Luncheon took place at The Royal Hospital School and raised £15,395 for The High Sheriff's Fund.

NOVEMBER

Ensors

Judi Newman was the speaker at an Ensors Investment Update, highlighting the opportunity for Community First match funding for endowment donations.



▲ Rosa Giving Circle

The Rosa Women's Giving Circle was launched on 7th November – women giving together for local women in need.

Masquerade Ball

Suffolk Community Foundation was the chosen charity to benefit from the auction at the glittering Masquerade Winter Ball at Bruisyard Barn.

True Colours

True Colours Fund had a celebration event to award grants to their first chosen charities, with funds raised by Suffolk New College Students' Union.

Guest Speaker

Stephen Singleton was a speaker at a Suffolk Charity Finance Conference in Ipswich – Sailing Stormy Seas, with all proceeds to the Foundation.

Working with UCS

UCS Fundraising module – Judi Newman was invited to speak to UCS students on trusts, fundraising, sponsorship, events and the work of the Foundation.

Our Annual Review

AGM and Annual Review 'Building Thriving Communities Together' was held at Wherstead Park. Our guest speaker Matthew Bowcock, Chairman of UK Community Foundations talked about the history of UK philanthropy.

Business for the Arts

Stephen Singleton was a speaker at Business for the Arts about new ways of developing sponsorship and philanthropy for the arts in Suffolk and on supporting businesses to give in a positive, meaningful and satisfying way.

JANUARY

Surviving Winter 

Surviving Winter Campaign

The Surviving Winter Appeal reached an amazing £80,000, making a huge difference to vulnerable older people this winter. Suffolk Community Foundation was congratulated in the House of Commons for the Surviving Winter Appeal in Suffolk.

Transforming Suffolk Loan Fund

The Foundation launched the Transforming Suffolk Loan Fund – a new way to provide investment into the Third Sector, particularly the growing numbers of Social Enterprises.



FEBRUARY

Beacon Award

Sir Tom Hughes-Hallett – a Suffolk Community Foundation fundholder recognised with the Beacon Award, a national award for Philanthropy.

MARCH

Match Funding



The Community First Endowment Challenge target for 2012/13 was achieved. £206,000 Community First match funding was unlocked by the generosity of Suffolk donors.



▲ High Sheriff's Awards

The High Sheriff's Awards were held at UCS, Ipswich on 7th March to recognise and reward the individuals and groups who voluntarily devote their time and energy to improve the communities in which they live or work. The grants from the High Sheriff's Fund were also presented.



Foundation staff take part in Red Nose Day to highlight that the Foundation distributes Comic Relief funding in Suffolk.

Partnership Working

Launch of Suffolk County Council's Commissioning & Procurement Guidelines – a guide to maximise statutory engagement with Suffolk's Voluntary and Community Sector. Suffolk Community Foundation was a major player in reviewing and developing a new approach.

APRIL

Visitors to the Foundation

The new Police and Crime Commissioner Tim Passmore and as Patron, the new Chief Constable Douglas Paxton visited the Foundation.

MAY

New Chairman Announced

James Buckle was appointed new Chairman of Suffolk Community Foundation as David Sheepshanks steps down to take up the position of Chairman of UK Community Foundations.

JUNE

▲ Pound Gates

Fundholder, Pound Gates took part in this year's Orwell Walk and raised over £11,000 for their corporate fund.



▲ London to Paris Cycle

Angie Ashby-Hoare cycled from London to Paris to raise funds for the Foundation.

Change of Name

The Suffolk Foundation changed its name to Suffolk Community Foundation.

Esmée Fairbairn Foundation

Launch of Esmée Fairbairn Suffolk Fund. In partnership with the Esmée Fairbairn Foundation, we are to deliver a £500,000 investment into Suffolk to improve the quality of lives of vulnerable people, especially those living in the most deprived communities.

Shakespeare Fundraiser

Suffolk Community Foundation was one of two chosen charities to benefit from 'Shakespeare in the Garden' at Glemham Hall.

OUR PEOPLE

Suffolk Community Foundation is immensely grateful to everyone who has contributed to our work over the past year - you make our work possible through funding, time, sponsorship or expertise. We'd like to give special thanks to the following supporters, but our heartfelt thanks go to all who share our passion in strengthening Suffolk's local communities.

Patrons

Lord Tollemache
Lord Lieutenant of Suffolk

The Right Reverend Nigel Stock
Bishop of St Edmundsbury and Ipswich

Douglas Paxton
Chief Constable, Suffolk Constabulary

Andrew Norman-Butler
2012/13 High Sheriff of Suffolk

Vice Patrons

Lord & Lady Cunliffe

Amanda Donohoe

Scilla Dyke

Rex Garrod

Nigel Havers

Sir Christopher Howes

Christine Janes

Lord & Lady Stevenson of Coddenham, CBE, DL

Trustees

James Buckle, DL - Chairman

The Countess of Euston, DL - Vice Chair

Lady Howes - Vice Chair

David Barclay, DL

James Dinwiddy

Stephen Fletcher, DL

The Reverend Canon Graham Hedger

Claire Horsley

Iain Jamie

Graeme Kalbraier

Gulshan Kayembe

Her Honour Caroline Ludlow

Peter Newnham

Sir David Rowland

Nigel Smith

The Very Reverend Dr Frances Ward

Terry Ward

Retiring Trustees 2012/13

David Sheepshanks, CBE, DL

Peter Bye, DL

Fiona Mahony

Staff

Stephen Singleton
Chief Executive

Mandy Abdel-Aziz
Operations Director

Judi Newman
Development Director

Rachael Mikulskis
Development Executive

Emma Rawlingson
Grants and Donor Co-ordinator

Julie Rose
Grants Officer

Elizabeth Stephenson
Marketing Co-ordinator

Jade Wilding
Operations Co-ordinator

Sue Wright
Grants Officer

Volunteers

(on Event Committees, Committees, Office support, Grants Panels and Development Board)

Christine Abraham

Angie Ashby-Hoare

Tracey Bailey

Tom Barker

Nigel Bunting

Jo Charles

Jonathan Christie

Allison Coleman

Richard Cooper

Jo Cresdee

Peter Cresdee

Cara Davani

The de la Rue Family

Wendy Deakin

Cathy Doe

Barry Dye

Lynne Goodwyn

Sally Haird

Agnes Hallender

Claire Harrall

Mary Harris

David Harrison

Michael Hervey-Murray

Julia Hunter-Jones

Ali Huxley

Georgie Keates

Mossy Kennedy

Emma Lloyd

Jacqui Mayne

Jean MacHeath

Adrian Melrose

Carolynne Pinder

David Podd

Emma Pratt

Adrian & Lesley Rawlingson

Stephanie Renouf

Jo Rodgers

Mike Rushmore

Mona Sheepshanks

Jean Tuckwell

Suzanne Woodward



Suffolk Community Foundation staff. Back Row, left to right: Julie Rose, Sue Wright, Emma Rawlingson, Mandy Abdel-Aziz, Stephen Singleton
Front Row, left to right: Rachael Mikulskis, Jade Wilding, Judi Newman, Elizabeth Stephenson

2012/13 DONORS AND SPONSORS

Adnams plc	Mrs Patricia F Day, OBE	John Grose	Mr Adam Seccombe
Agellus Hotels Limited	Mr & Mrs Colin de la Rue	Jollies Petfood Superstores	Mr James Servaes, JP, DL
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Mr David Barclay DL	Mr & Mrs Clive Eminson	Charitable Settlement	Mrs Joanna Spicer, DL
Mr James Barclay	Mr Graham Emmerson	Her Honour Caroline Ludlow	St Edmunds Trust
Mr Ian Bass	Ensors Chartered Accountants	M & G Investments	Lady Henrietta St. George
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Mr & Mrs David Bendall	The Countess of Euston	Mr & Mrs Logan Mair	The Lord & Lady Stevenson
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Binder Limited	Dominique Fell-Clark	Maritime Cargo Processing plc	Stokes Sauces
Birketts LLP	Annabel Fell-Clark	Marriott Motor Group Ltd	Strutt & Parker LLP
BOCM PAULS Ltd	Suzanne Fell-Clark	Mr Richard Martineau	Suffolk Constabulary
Boyer Planning	Mr Roger Finbow	Mrs Wendy Matthew	Suffolk County Council
Major John Bridge	Mr Stephen Fletcher, DL	Mrs Jacqui Mayne	Suffolk New College
Mr Tim Bridge, DL	Florence Cohen Charitable Trust	Mr Adrian Melrose	TA Hotel Collection Ltd
Mr Graham Brown	Mr Jonathan Fox	Mr Timothy Melville-Ross	Tattersalls Ltd
Mr & Mrs James Buckle	Framlingham College	Mettingham Parochial	The 29th May 1961 Charitable Trust
Mrs Gillian Buckle	Ms Emma Freud & Mr Richard Curtis	Church Council	The First 65
Sir Michael & Lady Bunbury	Mr & Mrs Matthew Fullerton	Mid Suffolk District Council	The Richard Devitt Fund
Mr & Mrs Nigel Bunting	Garfield Weston Foundation	Mr Richard Middleton	Mrs Joanna Thomson
Mr Andrew Buxton	Gemco	Councillor Jane Midwood	Mrs Elisabeth Todd
Mr Peter Bye, DL	George Gibson Charitable Trust	Mr David Midwood	Mr & Mrs Michael Tollemache
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Mr Francis Chapman	Hampden Capital plc	Pampered Pets Hotel	Vestey Group Limited
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Chenevix Jewellery	Lord Hart of Chilton	Peter Gerber Eyecare Opticians	W A Church (Bures) Ltd
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Christies Care	Mr Guy Heald	Pentalver Transport Ltd	Mr Mervyn Walker
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Condiment	Sir Michael & Lady Hopkins	Rathbones Investment Management	Willis
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	J A Wyard Ltd	Saxon Vets	
	J M Finn & Co	Mr G Scarfe	
	James Blake Associates	Baroness Ros Scott	
		Mr Andrew Scott	

Winter Fuel payment donations

Once again our heartfelt thanks are extended to those of you who donated your Winter Fuel Payments to our Surviving Winter Appeal in 2012/13.

In Memoriam Fund

Mrs Elizabeth Ralli



SUFFOLK
Community
Foundation

Suffolk Community Foundation

The Old Barns
Peninsula Business Centre
Wherstead
Ipswich
Suffolk IP9 2BB

01473 602602

www.suffolkcf.org.uk

Company limited by guarantee. Registered in England.

Company Registration No. 05369725. Charity No. 1109453.

Suffolk Community Foundation is a member of UK Community Foundations.



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Designed and printed in Suffolk.

Condiment HEALEYS PRINT GROUP

RATHBONES

Established 1742

RATHBONES IS PROUD TO
OFFER OUR CONTINUING
SUPPORT TO SUFFOLK
COMMUNITY FOUNDATION

Rathbone Investment Management is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority.

For more details please
contact Christopher Day on

01223 229 229

christopher.day@rathbones.com



www.rathbones.com